



2026 NSC Squad Time Table - January Holidays																					
	Open Performance	Age Performance	National Open	National Youth	National Age	JuniorTalent	State Open	State Age	State Junior	Barclay	Hanson	Nugent	Smith	Woodhouse							
Thursday, 1 January 2026	NEW YEARS DAY														Thursday, 1 January 2026						
Friday, 2 January 2026				SQUAD BREAK										Friday, 2 January 2026							
	3:00-6:00 Nuna Gym & Swim		3:30-6:00 Nuna																		
	5:30-9:00 Swim & Heat		5:30-9:00 Swim & Gym																		
Saturday, 3 January 2026														Saturday, 3 January 2026							
Sunday, 4 January 2026															Sunday, 4 January 2026						
Monday, 5 January 2026	4:45-8:00 Swim & Gym Nuna		4:45-7:00 Nuna	4:45-7:00 Swim & Gym Nuna			4:45-7:00 Swim & Gym Nuna	SQUAD BREAK						Monday, 5 January 2026							
	3:30-6:00 Nuna	5:00-7:30 Gym & Swim Nuna	3:30-6:00 Nuna			3:45-6:00 Wesley															
	4:45-8:00 Swim & Heat Nuna		4:45-8:00 Swim & Gym Nuna			4:45-7:00 Swim & Gym Nuna	6:45-9:00 Wesley														
Tuesday, 6 January 2026		3:30-6:00 Nuna		5:45-7:30 Nuna			5:45-7:30 Nuna														
Wednesday, 7 January 2026	4:45-8:00 Swim & Gym Nuna	5:45-8:00 Oakleigh		Training Camp		4:45-7:00 Swim & Gym Nuna	Training Camp												Wednesday, 7 January 2026		
	3:30-6:00 Nuna		5:30-7:30 Nuna			3:45-6:00 Wesley															
			4:45-8:00 Swim & Gym Nuna			6:45-9:00 Wesley															
Thursday, 8 January 2026	3:30-6:00 Oakleigh	3:45-6:00 Nuna												5:45-7:30 Nuna							Thursday, 8 January 2026
	4:45-8:00 Swim & Gym Nuna	5:45-8:00 Oakleigh	4:45-7:00 Nuna			4:45-7:00 Swim & Gym Nuna															
Friday, 9 January 2026	3:30-6:00 Nuna		3:30-6:00 Nuna			5:00-7:30 Gym & Swim Nuna													Friday, 9 January 2026		
Saturday, 10 January 2026	5:30-9:00 Swim & Heat Nuna	4:45-8:00 Swim & Gym Nuna	5:30-9:00 Swim & Gym Nuna		6:45-8:30 Wesley	8:15-10:00 Wesley							Saturday, 10 January 2026								
Sunday, 11 January 2026															Sunday, 11 January 2026						
Monday, 12 January 2026	4:45-8:00 Swim & Gym Nuna	5:45-8:00 Oakleigh	4:45-7:00 Nuna	4:45-7:00 Swim & Gym Nuna			4:45-7:00 Swim & Gym Nuna				5:45-7:30 Nuna (LP)		SQUAD BREAK		Monday, 12 January 2026						
	3:30-6:00 Oakleigh	3:30-6:00 Nuna	3:30-6:00 Oakleigh		5:45-7:30 Nuna	3:45-6:00 Wesley		5:45-7:30 Wesley	5:45-7:30 Wesley		6:15-7:30 Nuna (LP)										
Tuesday, 13 January 2026	4:45-8:00 Swim & Heat Nuna		4:45-7:00 Swim & Gym Nuna	6:45-9:00 Wesley			6:45-9:00 Wesley								Tuesday, 13 January 2026						
		3:30-6:00 Oakleigh			3:45-6:00 Nuna	3:45-6:00 Wesley		5:00-7:30 Gym & Swim Nuna		Wesley 5:45-7:30	Wesley 5:45-7:00										
Wednesday, 14 January 2026	WA Training Camp	4:45-8:00 Swim & Gym Nuna				4:45-7:00 Swim & Gym Nuna				6:45-9:00 Wesley					Wednesday, 14 January 2026						
			3:30-6:00 Oakleigh	3:00-6:00 Gym & Swim Nuna	5:00-7:30 Gym & Swim Nuna		3:00-6:00 Gym & Swim Nuna		4:45-7:30 Wesley		3:45-5:00 Wesley										
			4:45-8:00 Swim & Gym Nuna		6:45-9:00 Wesley				4:45-7:00 Swim & Gym Nuna												
Thursday, 15 January 2026		3:45-6:00 Nuna		5:45-7:30 Nuna		5:45-7:30 Wesley	5:45-7:30 Nuna	3:45-6:00 Wesley		5:30-7:30 Gym & Swim Nuna (LP)					Thursday, 15 January 2026						
		5:45-8:00 Oakleigh	4:45-7:00 Nuna	4:45-7:00 Nuna				4:45-7:00 Swim & Gym Nuna													
Friday, 16 January 2026			3:30-6:00 Oakleigh	3:30-6:00 Nuna	5:00-7:30 Gym & Swim Nuna		3:30-6:00 Nuna		4:45-7:30 Wesley	3:45-5:00 Wesley	6:15-7:30 Nuna (LP)					Friday, 16 January 2026					
Saturday, 17 January 2026	4:45-8:00 Swim & Gym Nuna	5:30-9:00 Swim & Gym Nuna	5:30-9:00 Swim & Gym Nuna	5:45-8:00 Oakleigh	6:45-8:30 Wesley	4:45-7:00 Swim & Gym		8:15-10:00 Wesley	8:15-10:00 Wesley		6:45-8:00 Nuna (LP)		Saturday, 17 January 2026								
Sunday, 18 January 2026															Sunday, 18 January 2026						