

2026 NSC Squad Time Table - January Holidays															
NUNA	Open Performance	Age Performance	National Open	National Youth	National Age	JuniorTalent	State Open	State Age	State Junior	Barclay	Hanson	Nugent	Smith	Woodhouse	NUNA
Thursday, 1 January 2026	NEW YEARS DAY													Thursday, 1 January 2026	
Friday, 2 January 2026														Friday, 2 January 2026	
Saturday, 3 January 2026	3.00-6.00 Nuna Gym & Swim		3.30-6.00 Nuna		5.30-9.00 Swim & Heat									Saturday, 3 January 2026	
Sunday, 4 January 2026	SQUAD BREAK													Sunday, 4 January 2026	
Monday, 5 January 2026	4.45-8.00 Swim & Gym Nuna		4.45-7.00 Nuna	4.45-7.00 Swim & Gym Nuna			4.45-7.00 Swim & Gym Nuna							Monday, 5 January 2026	
Tuesday, 6 January 2026	5.00-7.30 Gym & Swim Nuna	3.30-6.00 Nuna	3.30-6.00 Nuna			3.45-6.00 Wesley								Tuesday, 6 January 2026	
Wednesday, 7 January 2026	4.45-8.00 Swim & Heat Nuna		4.45-8.00 Swim & Gym Nuna			4.45-7.00 Swim & Gym Nuna	6.45-9.00 Wesley							Wednesday, 7 January 2026	
Thursday, 8 January 2026	3.30-6.00 Oakleigh	3.45-6.00 Nuna		5.45-7.30 Nuna		3.45-6.00 Wesley		5.45-7.30 Nuna						Thursday, 8 January 2026	
Friday, 9 January 2026	4.45-8.00 Swim & Gym Nuna	5.45-8.00 Oakleigh	4.45-7.00 Nuna			4.45-7.00 Swim & Gym Nuna			5.00-7.30 Gym & Swim Nuna					Friday, 9 January 2026	
Saturday, 10 January 2026	3.30-6.00 Nuna		3.30-6.00 Nuna			6.45-8.30 Wesley	8.15-10.00 Wesley							Saturday, 10 January 2026	
Sunday, 11 January 2026	SQUAD BREAK													Sunday, 11 January 2026	
Monday, 12 January 2026	4.45-8.00 Swim & Gym Nuna	5.45-8.00 Oakleigh	4.45-7.00 Nuna	4.45-7.00 Swim & Gym Nuna			4.45-7.00 Swim & Gym Nuna			5.45-7.30 Nuna (LP)					Monday, 12 January 2026
Tuesday, 13 January 2026	3.30-6.00 Oakleigh	3.30-6.00 Nuna	3.30-6.00 Oakleigh		5.45-7.30 Nuna	3.45-6.00 Wesley		5.45-7.30 Wesley	5.45-7.30 Wesley		6.15-7.30 Nuna (LP)				Tuesday, 13 January 2026
Wednesday, 14 January 2026	4.45-8.00 Swim & Heat Nuna			6.45-9.00 Wesley			6.45-9.00 Wesley								Wednesday, 14 January 2026
Thursday, 15 January 2026	3.30-6.00 Oakleigh		4.45-7.00 Swim & Gym Nuna		3.45-6.00 Nuna	3.45-6.00 Wesley			5.00-7.30 Gym & Swim Nuna		Wesley	5.45-7.30 Wesley	Wesley		Thursday, 15 January 2026
Friday, 16 January 2026	4.45-8.00 Swim & Gym Nuna				4.45-7.00 Nuna		4.45-7.00 Swim & Gym Nuna				6.45-9.00 Wesley				Friday, 16 January 2026
Saturday, 17 January 2026	3.45-6.00 Nuna		5.45-7.30 Nuna		5.45-7.30 Wesley	5.45-7.30 Wesley	3.45-6.00 Wesley	3.45-6.00 Wesley	3.45-7.30 Gym & Swim Nuna (LP)						Saturday, 17 January 2026
Sunday, 18 January 2026	4.45-8.00 Swim & Gym Nuna	5.30-9.00 Swim & Gym Nuna	5.30-9.00 Swim & Gym Nuna	6.45-8.00 Oakleigh	6.45-8.30 Wesley	4.45-7.00 Swim & Gym Nuna	8.15-10.00 Wesley	8.15-10.00 Wesley		6.45-8.00 Nuna (LP)					Sunday, 18 January 2026