



FEMALE LONG COURSE RECORDS



AGE	DISTANCE	STROKE	FIRST NAME	SURNAME	TIME	LOCATION	DATE
8/U	50m	Backstroke	Andrea	Chow	00:41.63	Nunawading	13/09/2014
9/10	50m	Backstroke	Sadia	Zhao	00:34.98	MSAC	9/03/2025
11/12	50m	Backstroke	Jessica	Wilson	00:32.34	MSAC	16/02/2020
13/14	50m	Backstroke	Jessica	Wilson	00:30.16	Adelaide	16/04/2022
15/16	50m	Backstroke	Isabella	Boyd	00:29.92	Adelaide	21/02/2022
17/18	50m	Backstroke	Semra	Olowoniyi	00:29:10	Gold Coast	19/04/2024
OPEN	50m	Backstroke	Semra	Olowoniyi	00:27.93	California, USA	8/08/2025
8/U	100m	Backstroke	Hao Betty	Geng	01:32.11	MSAC	25/01/2015
9/10	100m	Backstroke	Sadia	Zhao	01:17.09	MSAC	9/03/2025
11/12	100m	Backstroke	Roxine	Arnold	01:09.49	State Swim Centre	14/02/1992
13/14	100m	Backstroke	Jessica	Wilson	01:05.00	Adelaide	17/04/2022
15/16	100m	Backstroke	Jessica	Wilson	01:01.90	Gold Coast	13/04/2024
17/18	100m	Backstroke	Jessica	Wilson	01:02.25	Canberra	21/08/2024
OPEN	100m	Backstroke	Belinda	Hocking	00:59.63	Adelaide	28/04/2013
8/U	200m	Backstroke	Zhen	Geng	03:15.93	MSAC	10/11/2024
9/10	200m	Backstroke	Andrea	Chow	02:51.16	MSAC	15/10/2016
11/12	200m	Backstroke	Roxine	Arnold	02:28.85	State Swim Centre	18/04/1992
13/14	200m	Backstroke	Lucy	Webster	02:21.33	MSAC	17/12/2019
15/16	200m	Backstroke	Jessica	Wilson	02:16.85	Gold Coast	11/04/2024
17/18	200m	Backstroke	Jessica	Wilson	02:14.70	Canberra	23/08/2024
OPEN	200m	Backstroke	Belinda	Hocking	02:06.49	Adelaide	13/04/2016
8/U	50m	Breaststroke	Andrea	Chow	00:46.77	MSAC	7/06/2014
9/10	50m	Breaststroke	Lily	Koch	00:37.73	MSAC	1/08/2019
11/12	50m	Breaststroke	Andrea	Chow	00:35.66	Adelaide	8/12/2017
13/14	50m	Breaststroke	Madeleine	Horvath	00:33.38	MSAC	21/02/2021
15/16	50m	Breaststroke	Lily	Koch	00:31.09	Adelaide	11/06/2025
17/18	50m	Breaststroke	Jessica	Hansen	00:31.99	Brisbane	1/04/2014
OPEN	50m	Breaststroke	Sarah	Katsoulis	00:30.16	Rome	2/08/2009
8/U	100m	Breaststroke	Andrea	Chow	01:41.36	MSAC	4/10/2014
9/10	100m	Breaststroke	Lily	Koch	01:21.01	MSAC	1/08/2019
11/12	100m	Breaststroke	Mikayla	Smith	01:15.87	Adelaide	22/04/2011
13/14	100m	Breaststroke	Madeleine	Horvath	01:11.55	MSAC	5/03/2021
15/16	100m	Breaststroke	Lily	Koch	01:08.11	Adelaide	10/06/2025
17/18	100m	Breaststroke	Jessica	Hansen	01:08.50	Sydney	14/04/2014
OPEN	100m	Breaststroke	Leisel	Jones	01:05.66	USA	19/08/2010
8/U	200m	Breaststroke	Andrea	Chow	03:35.88	MSAC	4/10/2014
9/10	200m	Breaststroke	Andrea	Chow	03:04.19	MSAC	15/12/2015
11/12	200m	Breaststroke	Mikayla	Smith	02:41.13	Adelaide	18/04/2011
13/14	200m	Breaststroke	Misha	Wierzbowski	02:35.67	Hobart	9/03/2019
15/16	200m	Breaststroke	Lily	Koch	02:28.90	Brisbane	14/04/2025
17/18	200m	Breaststroke	Zoe	Deacon	02:27.66	Adelaide	10/04/2019
OPEN	200m	Breaststroke	Leisel	Jones	02:23.04	Brisbane	12/12/2009
8/U	50m	Butterfly	Andrea	Chow	00:38.20	Nunawading	13/09/2014
9/10	50m	Butterfly	Andrea	Chow	00:32.93	Darwin	17/09/2016
11/12	50m	Butterfly	Jumanah	Fahmy	00:28.62	MSAC	12/01/2025
13/14	50m	Butterfly	Jumanah	Fahmy	00:28.05	Brisbane	15/04/2025

AGE	DISTANCE	STROKE	FIRST NAME	SURNAME	TIME	LOCATION	DATE
15/16	50m	Butterfly	Isabella	Boyd	00:27.41	Adelaide	17/04/2022
17/18	50m	Butterfly	Isabella	Boyd	00:26.42	Gold Coast	19/04/2024
OPEN	50m	Butterfly	Isabella	Boyd	00:26.42	Gold Coast	19/04/2024
8/U	100m	Butterfly	Mikayla	Smith	01:38.00	Canberra	23/09/2007
9/10	100m	Butterfly	Clare	Czyzewski	01:16.79	State Swim Centre	14/02/1992
11/12	100m	Butterfly	Isabella	Boyd	01:06.76	Hobart	25/07/2018
13/14	100m	Butterfly	Kayla	Costa	01:00.94	Adelaide	28/03/2016
15/16	100m	Butterfly	Isabella	Boyd	00:59.71	Adelaide	14/04/2022
17/18	100m	Butterfly	Isabella	Boyd	00:58.39	MSAC	11/02/2024
OPEN	100m	Butterfly	Ellen	Gandy	00:57.49	England	17/03/2009
8/U	200m	Butterfly					
9/10	200m	Butterfly	Georgia	Langford	02:53.46	MSAC	21/12/2008
11/12	200m	Butterfly	Mikayla	Smith	02:33.38	MSAC	20/03/2011
13/14	200m	Butterfly	Lucy	Webster	02:19.04	MSAC	18/12/2019
15/16	200m	Butterfly	Kayla	Costa	02:14.36	MSAC	10/12/2017
17/18	200m	Butterfly	Ellen	Gandy	02:04.83	England	19/03/2009
OPEN	200m	Butterfly	Ellen	Gandy	02:04.83	England	19/03/2009
8/U	50m	Freestyle	Andrea	Chow	00:34.74	MSAC	7/06/2014
9/10	50m	Freestyle	Jumanah	Fahmy	00:30.47	Ringwood	19/02/2023
11/12	50m	Freestyle	Jumanah	Fahmy	00:27.17	MSAC	8/03/2025
13/14	50m	Freestyle	Julia	Hawkins	00:26.40	MSAC	18/01/2014
15/16	50m	Freestyle	Isabella	Boyd	00:25.77	Adelaide	15/04/2022
17/18	50m	Freestyle	Julia	Hawkins	00:25.67	Sydney	20/01/2018
OPEN	50m	Freestyle	Julia	Hawkins	00:25.31	Adelaide	10/04/2019
8/U	100m	Freestyle	Mikayla	Smith	01:24.79	Canberra	23/09/2007
9/10	100m	Freestyle	Jumanah	Fahmy	01:06.55	MSAC	27/01/2023
11/12	100m	Freestyle	Jumanah	Fahmy	00:59.57	MSAC	8/03/2025
13/14	100m	Freestyle	Julia	Hawkins	00:57.77	Sydney	16/04/2014
15/16	100m	Freestyle	Isabella	Boyd	00:55.60	Adelaide	13/04/2022
17/18	100m	Freestyle	Isabella	Boyd	00:55.75	Gold Coast	11/04/2023
OPEN	100m	Freestyle	Shayne	Reese	00:54.76	Sydney	21/03/2009
8/U	200m	Freestyle	Karen	Barclay	03:05.50	Nunawading	17/04/1977
9/10	200m	Freestyle	Sadia	Zhao	02:32.46	MSAC	10/03/2025
11/12	200m	Freestyle	Roxine	Arnold	02:14.08	State Swim Centre	12/02/1992
13/14	200m	Freestyle	Lucy	Webster	02:05.21	MSAC	17/12/2019
15/16	200m	Freestyle	Molly	Batchelor	02:00.31	Brisbane	19/04/2017
17/18	200m	Freestyle	Ellen	Gandy	01:59.80	Sydney	15/04/2009
OPEN	200m	Freestyle	Ellen	Gandy	01:59.80	Sydney	15/04/2009
8/U	400m	Freestyle	Karen	Barclay	06:37.70	Nunawading	17/04/1977
9/10	400m	Freestyle	Anne	Mecklem	05:10.30	Nunawading	15/02/1987
11/12	400m	Freestyle	Kate	Laidlaw	04:38.65	MSAC	6/02/2010
13/14	400m	Freestyle	Kate	Laidlaw	04:23.33	Adelaide	21/04/2011
15/16	400m	Freestyle	Molly	Batchelor	04:09.23	Brisbane	17/04/2017
17/18	400m	Freestyle	Ellen	Gandy	04:12.88	Sydney	13/04/2009
OPEN	400m	Freestyle	Molly	Batchelor	04:09.23	Brisbane	17/04/2017
8/U	800m	Freestyle	Allison	Fitzgerald	14:00.51	Nunawading	20/12/1981
9/10	800m	Freestyle	Jess	Newman	11:17.28	MSAC	11/11/2000
11/12	800m	Freestyle	Kate	Laidlaw	09:38.85	MSAC	7/11/2009
13/14	800m	Freestyle	Meg	Parry	09:07.68	Adelaide	19/04/2011

AGE	DISTANCE	STROKE	FIRST NAME	SURNAME	TIME	LOCATION	DATE
15/16	800m	Freestyle	Molly	Batchelor	08:41.99	Brisbane	21/04/2017
17/18	800m	Freestyle	Sophie	Caldwell	08:47.56	Sydney	25/04/2018
OPEN	800m	Freestyle	Molly	Batchelor	08:41.99	Brisbane	21/04/2017
8/U	1500m	Freestyle			nil		
9/10	1500m	Freestyle	Corri	Cooper	23:27.30	Nunawading	22/12/1991
11/12	1500m	Freestyle	Kate	Laidlaw	18:43.49	MSAC	7/11/2009
13/14	1500m	Freestyle	Lucy	Doyle	17:37.35	Gold Coast	14/04/2024
15/16	1500m	Freestyle	Belinda	Bennett	16:36.96	Guam	11/01/2009
17/18	1500m	Freestyle	Sophie	Caldwell	16:51.69	Singapore	20/06/2018
OPEN	1500m	Freestyle	Sophie	Caldwell	16:27.61	Adelaide	9/04/2019
8/U	200m	Ind. Medley	Andrea	Chow	03:15.93	MSAC	4/10/2014
9/10	200m	Ind. Medley	Andrea	Chow	02:48.06	Darwin	16/09/2016
11/12	200m	Ind. Medley	Roxine	Arnold	02:32.46	State Swim Centre	14/02/1992
13/14	200m	Ind. Medley	Lucy	Webster	02:21.35	MSAC	19/12/019
15/16	200m	Ind. Medley	Isabella	Boyd	02:18.01	Adelaide	17/04/2022
17/18	200m	Ind. Medley	Isabella	Boyd	02:12.44	Brisbane	10/06/2024
OPEN	200m	Ind. Medley	Isabella	Boyd	02:12.13	Adelaide	9/06/2025
8/U	400m	Ind. Medley			nil		
9/10	400m	Ind. Medley	Mikayla	Smith	06:09.39	Nunawading	9/08/2009
11/12	400m	Ind. Medley	Mikayla	Smith	05:17.60	Tasmania	12/03/2011
13/14	400m	Ind. Medley	Lucy	Webster	05:00.14	MSAC	20/12/2019
15/16	400m	Ind. Medley	Sophie	Caldwell	04:53.22	MSAC	12/12/2016
17/18	400m	Ind. Medley	Sophie	Caldwell	04:45.75	Sydney	22/04/2018
OPEN	400m	Ind. Medley	Ellen	Gandy	04:41.11	Brisbane	1/04/2014