



# NUNAWADING SWIMMING CLUB INCORPORATED

President: Malcolm Moore

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## STATE YOUTH SQUAD

This information is current as of December 2011

Dear Parents and Swimmers,

Please find below the training details for State Youth squad for the summer swimming season.

All swimmers in this squad are required to be financial members of Nunawading Swimming Club Inc in order to take part in squad training and competitions.

Membership information is available online at <http://www.nunawadingswimmingclub.com/membership/members.htm>.

The following training schedule is for SCHOOL TERM PERIODS ONLY. Timetables for the school holidays will be handed out separately.

**Coach:** Melissa Klamt

**Mobile:** 0431 322 229

**Email:** [melissa.klamt@nunawadingswimmingclub.com](mailto:melissa.klamt@nunawadingswimmingclub.com)

### 2011-12 SEASON DATES

#### **2011 Long Course Season Training:**

- Commences Monday 3<sup>rd</sup> October 2011
- Concludes Thursday 22<sup>nd</sup> December 2011 (Immediately post Vic Age Championships)

#### **2012 Long Course Season Training:**

- Commences Monday 2<sup>nd</sup> January 2012
- Concludes Thursday 5<sup>th</sup> April 2012

#### **2012 Short Course Season Training:**

- Commences Monday 30<sup>th</sup> April 2012

From **Monday 3<sup>rd</sup> October 2011** onwards, the State Youth squad training sessions are as follows:

DAY	AM SESSION	PM SESSION
Monday	No training	5:00 - 7:30pm: Aqualink Nunawading (dryland 5:00 – 6:00pm)
Tuesday	5:00 - 7:00am: Tintern	No training
Wednesday	5:00 - 7:00am: Aqualink Nunawading	6:30-8:00pm: Wesley
Thursday	No training	5:00 – 7:00pm: Wesley
Friday	No training	5:00-7:00pm: Tintern
Saturday	5:00 - 7:30am: Aqualink Nunawading (dryland 6:30 – 7:30am)	No training
Sunday	No training	No training

### ACCOUNTS

#### **Monthly Payments**

Participation in the squad system is considered to be an annual involvement; therefore the total fees for the year have been averaged out to produce the monthly amount. The same monthly fee is payable for all 12 months of the year. Fees will be charged regardless of a swimmers attendance. The only exceptions are prolonged absences of **more than 2 weeks** through injury, illness or family commitments. There are no longer family discounts for squad swimmers.

#### **Squad Charges**

The training fee for this squad is: **\$160.00 (GST inclusive) per month**

### **Adjustments to Squad Accounts**

If a swimmer suffers any serious injuries or illnesses, eg fractured limbs or glandular fever, which necessitate a prolonged absence from training of more than 2 weeks, consideration may be given to adjusting the account in the following month.

If your squad account needs adjustment, or there is a problem with the account, please complete the Squad Fee Adjustment form (available on <http://www.nunawadingswimmingclub.com/squads/squadfees.htm>) and return it to the NSC Finance Officer, Louise Martin. Louise will work through any adjustments with you.

**In general all charges will stand and any corrections will be made in the following month.**

### **Year 12 Students**

Nunawading Swimming Club is committed to working with Year 12 students to ensure they can continue their swimming and study through Year 12. While coaches will work with the athletes on individual plans, the Club also offers a discounted fee for Year 12 students. Students completing Year 12 over one year will receive a discount of 30% on their monthly fee from February to November in the Year they complete Year 12.

### **EQUIPMENT**

The equipment swimmers will require are flippers, goggles (plus a spare pair), kickboard, pool buoy, paddles, band, swim costume & cap. We ask swimmers to be at training at the commencement time, so they can complete the required dryland activities and be ready to dive in on time.

### **POOL LOCATIONS**

The training venues are located at:

**Aqualink Nunawading:** Fraser Place, Forest Hill

**Tintern** Girls Grammar School pool: enter school grounds at the corner of Loma and Morinda Streets, East Ringwood.

**Syndal:** 554 High Street Rd, Mt Waverley

**Wesley** College: High Street Rd, Glen Waverley

**Police Academy:** 10 Viewmount Rd, Glen Waverley

### **COMPETITIONS**

When swimmers represent the club at swim meets, and compete against members from other clubs, it is a requirement to wear our new club uniform. The uniform consists of:

- Club swim cap (if you wear one)
- Club polo shirt, shorts and tracksuit
- Tracksuit top and pants
- Club shorts.

All items as well as other swim gear can be purchased at the club's office / shop situated in the foyer of the Aqualink Nunawading - our Home!

### **FURTHER INFORMATION**

Further information about your involvement in the Nunawading Swimming Club can be found at the:

- NSC Website: [www.nunawadingswimmingclub.com](http://www.nunawadingswimmingclub.com);
- NSC Email Service: Every family is expected to subscribe to the Nuna News email service. A link can be found on the home page of the website;
- Pigeon Holes in the foyer of the clubrooms; and
- Noticeboards at each pool.

Wishing you a rewarding involvement

*Dean Bryant*

Dean Bryant

**NSC Head Age Coach**