



January/February 2006

## NUNAWADING WINS PREMIER VICTORIAN CLUB

Last week at the conclusion of the Victorian Open, Age & SWD Championships, **Nunawading was announced as the Premier Swimming Club in Victoria.** Nunawading won the Championships with 2,538 points, with Carey Aquatic 2<sup>nd</sup> with 2,386 and Melbourne Vicentre 3<sup>rd</sup> with 1,914 points.

This was the result of a many fantastic individual efforts and a resolve by each individual and the team to swim every race to the best of their ability.

It was also a result of a lot of hard work by the coaching team. Just 2 years ago Nunawading finished 3<sup>rd</sup>, 1342 points behind the winning club. Congratulations to all the coaches on a wonderful effort and commitment.

There were many comments from swimmers and parents from Nunawading and many other clubs on the terrific team spirit within Nunawading at the Championships. It was great to see everyone supporting each other.

The culmination of spirit came on the last night when more than 25 swimmers who were not swimming on the last night all turned up to support the age group swimmers. There were more than 65 swimmers who received the Championship trophy on pool deck at the end of the meet.

At the conclusion of the Championships, Swimming Victoria presented awards to the Age Group Champions: Congratulations to the following Nunawading swimmers who won awards.

- 11yr Male Champion – James Margary
- 12yr Male Champion – Alex Venning
- 15yr Female Champion – Kimberley Chanter
- Age Group Male Swimmer of the Meet – Jack Laidler
- Open Female Swimmer of the Meet – Brooke Hanson

There were many outstanding achievements and contributions at last weeks Victorian Championships. While the achievements of the swimmers in the pool have been well documented there were many other persons who contributed towards the success at the meet.

Liz Chanter and John Locking took on board a huge job in being Team Managers at the meet. With 88 swimmers and 52 relay teams, the team managers had to be on the ball at all sessions and there were many changes made between heats and finals. Thank you Liz and John for a great effort.

Damien Armfield also spent many hours coordinating timekeepers for every heat and final session. Nunawading parents were fantastic in their timekeeping commitment and in many sessions we provided up to 5 timekeepers to ensure the meet kept running. Thank you Damien on your great effort.

Finally, to the coaching team. A big thank you to all of you for the commitment and dedication you have shown to all Nunawading swimmers. Jim Fowlie did a great job leading the team talk each day of the Championships. Thank you to Grant, Nick, Kate and Simone for their commitment to all of your swimmers. It was a great team effort.

## Nunawading Medallists for 2006 Victorian State Championships

Congratulations to the following swimmers who finished in the top ten at the recent Victorian Championships, a fantastic effort by all;

### Individual Finalists

James Margary 1<sup>st</sup> 11/u 200m IM 2:36.05  
 James Margary 1<sup>st</sup> 11/u Male 100 Backstroke 1:12.49  
 James Margary 1<sup>st</sup> 11/u 200m Freestyle 2:18.37  
 James Margary 1<sup>st</sup> 11/u 100m Butterfly 1:11.72  
 James Margary 1<sup>st</sup> 11/u 100m Breaststroke 1:23.03  
 James Margary 1<sup>st</sup> 11&u 100m Freestyle 1:03.36

Brooke Hanson 1<sup>st</sup> Open 50m Breaststroke 31.14 **Vic Rec**  
 Brooke Hanson 1<sup>st</sup> Open 100m Breaststroke 1:07.87  
 Brooke Hanson 1<sup>st</sup> Open 200m Breaststroke 2:28.17  
 Brooke Hanson 1<sup>st</sup> Open 200m Ind Medley 2:15.09  
 Brooke Hanson 5<sup>th</sup> Open Female 50m Butterfly

Kimberley Chanter 1<sup>st</sup> Vic 15yrs 200m Ind Medley 2:25.47  
 Kimberley Chanter 1<sup>st</sup> 15yrs 100m Breaststroke 1:14.13  
 Kimberley Chanter 1<sup>st</sup> 15yrs 200m Breaststroke 2:39.33  
 Kimberley Chanter 1<sup>st</sup> 15yrs 100m Freestyle 59.14  
 Kimberley Chanter 2<sup>nd</sup> Vic 15yrs 200m freestyle 2:09.64  
 Kimberley Chanter 4<sup>th</sup> Vic 15&u 400m IM 5:19.44  
 Kimberley Chanter 6<sup>th</sup> Vic 15yrs 400m Freestyle 4:43.68  
 Kimberley Chanter 7<sup>th</sup> Open 50m Breaststroke 33.76  
 Kimberley Chanter 10<sup>th</sup> Open 100m Breaststroke 1:16.66

Alex Venning 1<sup>st</sup> 12yrs 200m Individual Medley 2:26.47.  
 Alex Venning 1<sup>st</sup> 12yrs 100m Backstroke 1:04.90 **Vic Rec**  
 Alex Venning 1<sup>st</sup> Male 12yrs 100m Butterfly 1:04.62  
 Alex Venning 2<sup>nd</sup> 13&u 200m Backstroke 2:20.09  
 Alex Venning 2<sup>nd</sup> Vic 12yrs 100m Breaststroke 1:21.39.  
 Alex Venning 3<sup>rd</sup> Vic 12/u 100m Freestyle 61.89  
 Alex Venning 3<sup>rd</sup> 12yr 200m Freestyle 2:12.09.  
 Alex Venning 5<sup>th</sup> Vic 13&u 200m Butterfly 2:24.45.

Sam Sheppard 1<sup>st</sup> Vic 14yrs 100m Butterfly 1:01.11  
 Sam Sheppard 1<sup>st</sup> 14yrs 200m Butterfly 2:14.22  
 Sam Sheppard 1<sup>st</sup> Vic 14yrs 400m Freestyle 4:19.19  
 Sam Sheppard 2<sup>nd</sup> 14yrs 200m Backstroke 2:13.45  
 Sam Sheppard 2<sup>nd</sup> 15&u 1500m Freestyle 16:41.57  
 Sam Sheppard 2<sup>nd</sup> Vic 14yrs 200m IM 2:19.96  
 Sam Sheppard 4<sup>th</sup> 14yrs 100m Backstroke 1:04.31  
 Sam Sheppard 5<sup>th</sup> Vic 14yrs 200m Freestyle 2:04.50  
 Sam Sheppard 5<sup>th</sup> Vic 15&u 400m Ind Medley 4:53.88

Jack Laidler 1<sup>st</sup> 15yrs 100m Breaststroke 1:06.22  
 Jack Laidler 1<sup>st</sup> 15yrs 200m Breaststroke 2:24.75  
 Jack Laidler 2<sup>nd</sup> Vic 15yrs 200m Ind Medley 2:14.49  
 Jack Laidler 3<sup>rd</sup> Vic 15yrs 100m Backstroke 1:03.48  
 Jack Laidler 5<sup>th</sup> Open 200 Breaststroke 2:25.80  
 Jack Laidler 9<sup>th</sup> Open 100m Breaststroke 1:07.65  
 Jack Laidler 5<sup>th</sup> Vic 15yrs 200m Backstroke 2:19.93

Mitchell Pryor 1<sup>st</sup> Vic 14yrs 100m Freestyle 55.36  
 Mitchell Pryor 2<sup>nd</sup> Vic 14yrs 100m Butterfly 1:01.17  
 Mitchell Pryor 2<sup>nd</sup> Vic 14yrs 200m Freestyle 2:01.74  
 Mitchell Pryor 3<sup>rd</sup> 14yrs 200m Butterfly 2:18.76  
 Mitchell Pryor 8<sup>th</sup> Vic 14yrs 200m IM 2:25.41  
 Mitchell Pryor 4<sup>th</sup> Vic 14yrs 400m Freestyle 4:22.58

Llewellyn Little 1<sup>st</sup> Vic 13&u 200m Butterfly 2:21.61.  
 Llewellyn Little 2<sup>nd</sup> 13yrs 200m Freestyle 2:08.03  
 Llewellyn Little 3<sup>rd</sup> 13&u 200m Breaststroke 2:47.57  
 Llewellyn Little 3<sup>rd</sup> 13&u 400m Freestyle 4:28.90  
 Llewellyn Little 4<sup>th</sup> 13yrs 100m Butterfly 1:05.81  
 Llewellyn Little 7<sup>th</sup> 13yrs 200IM 2:29.25  
 Llewellyn Little 7<sup>th</sup> 13yrs 100m Breaststroke 1:19.36  
 Llewellyn Little 8<sup>th</sup> 13yrs 100m Freestyle 1:00.33

Phillip Clark 1<sup>st</sup> 16-18yrs 1500m Freestyle 17:02.01  
 Phillip Clark 5<sup>th</sup> Vic 17-18yrs 400m Freestyle 4:18.65  
 Phillip Clark 6<sup>th</sup> Vic 17-18yrs 200m Freestyle 2:00.63  
 Philip Clark 10<sup>th</sup> Open 800m Freestyle 8:57.98.

Stuart Corstorphan 2<sup>nd</sup> SWD 100m Backstroke  
 Stuart Corstorphan 4<sup>th</sup> SWD 50m Breaststroke 36.33  
 Stuart Corstorphan 5<sup>th</sup> SWD Male 100m Butterfly 1:13.71  
 Stuart Corstorphan 8<sup>th</sup> SWD 50m Freestyle 27.93  
 Stuart Corstorphan 5<sup>th</sup> SWD 50m Backstroke 33.72  
 Stuart Corstorphan 3<sup>rd</sup> SWD 100m Breaststroke 1:20.73  
 Stuart Corstorphan 5<sup>th</sup> SWD 50m Butterfly 31.68  
 Stuart Corstorphan 5<sup>th</sup> SWD 100m Freestyle 1:03.33

Edward Lim 2<sup>nd</sup> 11/u 200m Individual Medley 2:41.71  
 Edward Lim 2<sup>nd</sup> 11/u Male 100 Backstroke 1:16.23  
 Edward Lim 2<sup>nd</sup> 11/u 100m Breaststroke 1:24.31  
 Edward Lim 2<sup>nd</sup> 11&u 100m Freestyle 1:05.96  
 Edward Lim 3<sup>rd</sup> 11/u 200m Freestyle 2:28.35  
 Edward Lim 6<sup>th</sup> 11/u 100m Butterfly 1:21.97

Rowan Sonsie 2<sup>nd</sup> Vic 16yrs 200IM 2:14.22  
 Rowan Sonsie 2<sup>nd</sup> Vic 16yrs 100m Breaststroke 1:10.98,  
 Rowan Sonsie 3<sup>rd</sup> Vic 16yrs 400m Freestyle 4:17.62.  
 Rowan Sonsie 4<sup>th</sup> Vic 16yrs 100m Freestyle 55.37  
 Rowan Sonsie 4<sup>th</sup> Vic 16yrs 200m Freestyle 2:02.58  
 Rowan Sonsie 5<sup>th</sup> Vic 16yrs 200m Backstroke 2:17.20  
 Rowan Sonsie 6<sup>th</sup> Vic 16yrs 100m Backstroke 1:03.39

Jaclyn Lee 2<sup>nd</sup> Vic 13yrs 100m Backstroke 1:10.51.  
 Jaclyn Lee 2<sup>nd</sup> Vic 13&u 200m Butterfly 2:40.47.  
 Jaclyn Lee 3<sup>rd</sup> Vic 13yrs 100m Freestyle 1:02.41  
 Jaclyn Lee 3<sup>rd</sup> Vic 14yrs 200m Backstroke 2:34.22  
 Jaclyn Lee 4<sup>th</sup> Vic 13&u 400m Freestyle 4:48.01  
 Jaclyn Lee 7<sup>th</sup> Vic 13yrs 100m Butterfly 1:12.68

Marcus Bordignon 2<sup>nd</sup> 11/u 100m Butterfly 1:16.38  
 Marcus Bordignon 3<sup>rd</sup> 11/u 200m IM  
 Marcus Bordignon 5<sup>th</sup> 11/u 100m Breaststroke 1:30.08  
 Marcus Bordignon 6<sup>th</sup> 11&u 100m Freestyle 1:09.70  
 Marcus Bordignon 7<sup>th</sup> 11/u 200m Freestyle 2:30.42  
 Marcus Bordignon 8<sup>th</sup> 11/u Male 100 Backstroke

Clare Wheatley 2<sup>nd</sup> Vic 15yrs 400m Freestyle 4:30.52  
 Clare Wheatley 3<sup>rd</sup> 15&u 800m Freestyle 9:30.94  
 Clare Wheatley 4<sup>th</sup> Vic 15yrs 200m freestyle 2:10.11  
 Clare Wheatley 5<sup>th</sup> Vic 15yrs 100m Freestyle 1:00.83

Ashley Delaney 2<sup>nd</sup> Open 100m Backstroke 56.18  
Ashley Delaney 3<sup>rd</sup> Open 50m Backstroke 26.53  
Ashley Delaney 3<sup>rd</sup> Open 200m Backstroke 2:04.56

Matt Armfield 2<sup>nd</sup> Vic 17-18yrs 100m Backstr 1:00.49  
Matt Armfield 5<sup>th</sup> Vic 17-18yrs 200m Backstroke 2:18.38  
Matt Armfield 6<sup>th</sup> Vic 17-18yrs 200m Butterfly 2:17.76

Becky Locking 2<sup>nd</sup> Vic 17-18yrs 200m Butterfly 2:23.58  
Becky Locking 4<sup>th</sup> Vic 17-18yrs 100m Butterfly 1:04.77

Jason Cohen 2<sup>nd</sup> Open 100m Butterfly 54.18

Nadine Jones 3<sup>rd</sup> Vic 16yrs 200m Freestyle 2:11.58  
Nadine Jones 3<sup>rd</sup> Vic 16yrs 100m Freestyle  
Nadine Jones 3<sup>rd</sup> Vic 16yrs 100m Butterfly 1:05.57  
Nadine Jones 3<sup>rd</sup> Vic 16yrs 200IM 2:27.43  
Nadine Jones 4<sup>th</sup> Vic 16yrs 100m Backstroke 1:09.06  
Nadine Jones 5<sup>th</sup> Vic 16yrs 100m Breaststroke 1:20.90

Melissa Morgan 3<sup>rd</sup> Open 200m Backstroke 2:17.18  
Melissa Morgan 6<sup>th</sup> Open 50m Backstroke 30.36  
Melissa Morgan 7<sup>th</sup> Open 100m Backstroke 1:04.72

Alex Harriss 3<sup>rd</sup> 13yrs 100m Breaststroke 1:17.57  
Alex Harriss 3<sup>rd</sup> 13yrs 200m Freestyle 2:08.28  
Alex Harriss 3<sup>rd</sup> 13yrs 100m Freestyle 59.22  
Alex Harriss 4<sup>th</sup> 13&u 400m Freestyle 4:29.07  
Alex Harriss 4<sup>th</sup> 13&u 200m Breaststroke 2:48.75  
Alex Harriss 9<sup>th</sup> Male 13yrs 200IM 2:31.46  
Alex Harriss 10<sup>th</sup> 13yrs 100m Butterfly 1:10.87

Stefan Harris 3<sup>rd</sup> Vic 15yrs 200m Backstroke 2:17.14  
Stefan Harris 6<sup>th</sup> Vic 15yrs 200m Butterfly 2:20.79

Belinda Parslow 3<sup>rd</sup> Vic 17-18yrs 100m Freestyle in 58.71  
Belinda Parslow 5<sup>th</sup> Vic 17-18yrs 200m Freestyle 2:10.18

Katelyn Woff 3<sup>rd</sup> Vic 17-18yrs 200m Butterfly 2:24.60  
Katelyn Woff 7<sup>th</sup> Vic 17-18yrs 100m Butterfly 1:04.83

Jodie Finn 4<sup>th</sup> Vic 16yrs 100m Butterfly 1:07.14  
Jodie Finn 4<sup>th</sup> Vic 16yrs 200m Butterfly 2:34.18  
Jodie Finn 7<sup>th</sup> Vic 16yrs 200m Freestyle 2:14.35  
Jodie Finn 7<sup>th</sup> Vic 16yrs 100m Freestyle

Tim Gousskov 4<sup>th</sup> 11/u 100m Breaststroke 1:27.86  
Tim Gousskov 5<sup>th</sup> 11 & under 200m Individual Medley  
Tim Gousskov 7<sup>th</sup> 11/u 100m Butterfly 1:19.13  
Tim Gousskov 10<sup>th</sup> 11&u 100m Freestyle 1:11.30.  
Tim Gousskov 10<sup>th</sup> 11/u Male 100 Backstroke

Jessica Forster 4<sup>th</sup> Vic 11/u 100m Butterfly 1:17.60  
Jessica Forster 4<sup>th</sup> Vic 11/u 200m IM 2:52.43

Samuel Chan 4<sup>th</sup> 16yrs 200m Breaststroke 2:36.33  
Samuel Chan 5<sup>th</sup> Vic 16yrs 100m Breaststroke 1:11.39

Robbie Medica 4<sup>th</sup> Vic 15yrs 200m Backstroke 2:19.36  
Robbie Medica 8<sup>th</sup> Vic 15yrs 100m Backstroke 1:05.04

Rachel McDonald 5<sup>th</sup> Vic 14yrs 200m Breaststr 2:54.18  
Rachel McDonald 6<sup>th</sup> Vic 14yrs 100m Breaststr 1:21.80  
Rachel McDonald 8<sup>th</sup> 15&u 800m Freestyle 10:23.31  
Rachel McDonald 8<sup>th</sup> Vic 15&u 400m IM 5:36.27.  
Rachel McDonald 6<sup>th</sup> Vic 14yrs 200m IM 2:38.04  
Rachel McDonald 8<sup>th</sup> Vic 14yrs 400m Freestyle 4:57.77

Nicholas D'Arcy-Evans 5<sup>th</sup> Vic 15yrs 200m IM 2:18.95  
Nicholas D'Arcy-Evans 5<sup>th</sup> Vic 15yrs 100m Breast 1:11.34  
Nicholas D'Arcy-Evans 5<sup>th</sup> Vic 15yrs 200m Breast 2:35.17  
Nicholas D'Arcy-Evans 6<sup>th</sup> Vic 15&u 400m IM 4:55.71  
Nicholas D'Arcy-Evans 6<sup>th</sup> Vic 15yrs 400m Free 4:23.89

Laura-Ann Wong =5<sup>th</sup> Vic 15yrs 200m Backstroke 2:32.52  
Laura-Ann Wong 7<sup>th</sup> 15yrs 100m Breaststroke 1:19.23  
Laura-Ann Wong 7<sup>th</sup> Vic 15yrs 100m Backstroke 1:11.08

Rebecca Stone 5<sup>th</sup> Vic 16-18yrs 400IM n 5:19.07  
Rebecca Stone 7<sup>th</sup> Vic 17-18yrs 200m Ind Medley 2:31.44  
Rebecca Stone 7<sup>th</sup> 17-18yrs 200m Butterfly 2:32.65

Michelle Maniatakis 5<sup>th</sup> Vic 17-18yrs 200m Breast 3:02.08  
Michelle Maniatakis 8<sup>th</sup> Vic 16-18yrs 400IM in 5:54.64.

Michael Tan 5<sup>th</sup> 16yrs 200m Breaststroke 2:36.63  
Michael Tan 9<sup>th</sup> Vic 16yrs 100m Breaststroke 1:13.93

Michelle Tan 5<sup>th</sup> Vic 14yrs 400m Freestyle 4:54.80

Andrew Dyson 6<sup>th</sup> Open 50m Freestyle 23.84  
Andrew Dyson 6<sup>th</sup> Open 100 Freestyle 51.85

Sharni Campbell 6<sup>th</sup> Vic 14yrs 200m Butterfly 2:35.49  
Sharni Campbell 6<sup>th</sup> Vic 14yrs 100m Backstroke 1:08.84  
Sharni Campbell 7<sup>th</sup> Vic 14yrs 100m Butterfly 1:09.17

.Thomas French 6<sup>th</sup> Vic 15yrs 200m Backstroke 2:20.36.  
Thomas French 7<sup>th</sup> Vic 15yrs 400m Freestyle 4:25.49

Todd Synon 6<sup>th</sup> Vic 16yrs 100m Butterfly 1:01.28

Sam Pendergast 6<sup>th</sup> Open 50m Breaststroke 30.12

Daniel Lee 7<sup>th</sup> Vic 15yrs 100m Freestyle 56.63

Stephanie Groenewald 8<sup>th</sup> 12yrs 200 IM 2:44.69  
Stephanie Groenewald 8<sup>th</sup> 12yrs 100m Butterfly 1:15.10

Laura Martin 8<sup>th</sup> Vic 16yrs 400m Freestyle 4:51.54  
Laura Martin 8<sup>th</sup> 16-18yrs 800m Freestyle 9:57.68

Morgan Wright 8<sup>th</sup> Vic 17-18yrs 200m Backstroke 2:34.29

Renee Campbell 8<sup>th</sup> Vic 15yrs 100m Freestyle 1:03.53

Hannah Tuohey 10<sup>th</sup> Open Female 50m Butterfly

## Relay Medals

1<sup>st</sup> Mens Open 4 x 100m Freestyle relay

Jason Cohen, Ashley Delaney, Layton Shannos, Andrew Dyson

2nd Male 12/u Medley relay

Alex Venning, Edward Lim, James Margary, Mark Bustard

2<sup>nd</sup> Female 16&u 5 x 50m Freestyle relay

Nadine Jones, Clare Wheatley, Sharni Campbell, Kimberley Chanter, Renee Campbell.

3rd Female 4 x 100 Breaststroke relay

Brooke Hanson, Laura-Anne Wong, Rachael McDonald, Kimberley Chanter

3<sup>rd</sup> Male 16&u 5 x 50m Freestyle relay

Daniel Lee, Mitchell Pryor, Rowan Sonsie, Robbie Medica, Todd Synon,

3<sup>rd</sup> Male 12&u 4x50m Freestyle relay

Alex Venning, Edward Lim, Mark Bustard, James Margary

3<sup>rd</sup> Male Open 4x100m Medley Relay

Ashley Delaney, Jack Laidler, Jason Cohen, Andrew Dyson

1<sup>st</sup> Female 16&u 4x50m Freestyle relay

Nadine Jones, Sharni Campbell, Kimberley Chanter, Renee Campbell

2<sup>nd</sup> Vic Mens 14/u Freestyle Relay

Sam Chan, Sam Sheppard, Jack Day and Mitchell Pryor

Female 16&u Medley relay

2<sup>nd</sup> Vic 2:02.85 Sharni Campbell, Kimberley Chanter, Jodie Finn, Nadine Jones

Male 16&u Freestyle Relay

3<sup>rd</sup> 1:41.18 Rowan Sonsie, Daniel Lee, Todd Synon, Mitchell Pryor

## JANUARY AND FEBRUARY BIRTHDAYS

Happy Birthday to the following club members who enjoy their birthday in January and February.

### January

Roy	Andrews	1-Jan
Melissa	Morgan	1-Jan
Kristina	Clappison	1-Jan
Nicholas	Smith	2-Jan
Sergei	Gouskov	3-Jan
Maree	Hopkins	6-Jan
Raymond	La	6-Jan
Mariham	Kaloudis	6-Jan
John	Van Delft	10-Jan
Belinda	Parslow	10-Jan
Kimberley	Chanter	10-Jan
Stephanie	Brown	11-Jan
Todd	Synon	13-Jan
Alexandra	James	15-Jan
Simone	Savage	16-Jan
Daniel	Lee	16-Jan
James	McMahon	18-Jan
Susan	Mothershaw	19-Jan
Sam	Sheppard	19-Jan
Marcus	Bordignon	21-Jan
Emily	Waters	23-Jan
Holly	Anderson	24-Jan
Brooke	Matthews	25-Jan
Michael	Key	28-Jan
Debra	Lewis	28-Jan

### February

Cheryllyn	Chong	1-Feb
Becky	Burckhardt	3-Feb
Anique	Muttiah	3-Feb
Jackson	Wilken	4-Feb
Lynette	Kirby	5-Feb
Anthony	Yee	6-Feb
Glenn	Tetlow	6-Feb
Debbie	Marcus	7-Feb
Timothy	Gouskov	8-Feb
Michael	Sheppard	8-Feb
Stacey	Young	14-Feb
Harriet	Wilson	21-Feb
Richard	Wilson	21-Feb
Debra	Chan	21-Feb
Raymond	Davis	22-Feb
Victor	Caune	23-Feb
Vincent	Chu	23-Feb
Jason	Cohen	24-Feb
Christopher	Kirby	24-Feb
Jason	Byrne	26-Feb
Bryce	Matheson	27-Feb
Giorgia	Boutsiavaras	28-Feb

## Diary Dates

Dates	Meet	Venue	Entries Close
30 <sup>th</sup> Jan – 4 <sup>th</sup> Feb	Commonwealth Games Trials 2006	MSAC	CLOSED
11 <sup>th</sup> Feb	Melbourne Vicentre Meet	MSAC	Friday 27 <sup>th</sup> Jan
18 <sup>th</sup> & 19 <sup>th</sup> Feb	Victorian Sprint Championships	MSAC	Tuesday 7 <sup>th</sup> Feb
19 <sup>th</sup> Feb	The Last Blast	MSAC	Friday 10 <sup>th</sup> Feb
26 <sup>th</sup> Feb	All Junior Selection Trials	Aqualink Nunawading	Friday 10 <sup>th</sup> Feb
4 <sup>th</sup> March	Open Water Time Trials	Melton Waves	Friday 17 <sup>th</sup> Feb
11 <sup>th</sup> March	NSC Club Championships	Tintern	Monday 20 <sup>th</sup> Feb

# The last Blast

## Bayside Swimming Club Inc. Proposed National Qualifying Meet

Sunday February 19<sup>th</sup> at MSAC Warm Up 1:00 pm - Start 1:30 pm

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1	Male	Freestyle	50m
2	Female	Freestyle	50m
3	Male	Butterfly	200m
4	Female	Butterfly	200m
5	Male	Backstroke	200m
6	Female	Backstroke	200m
7	Male	Breaststroke	200m
8	Female	Breaststroke	200m
9	Male	Freestyle	200m
10	Female	Freestyle	200m
11	Male	Butterfly	100m
12	Female	Butterfly	100m
13	Male	Breaststroke	100m
14	Female	Breaststroke	100m
15	Male	Backstroke	100m
16	Female	Backstroke	100m
17	Male	Freestyle	100m
18	Female	Freestyle	100m
19	Male	IM	200m
22	Female	IM	200m

### Information and Conditions

1. Conducted under the rules of Swimming Victoria Inc.
2. Entries on green SV entry cards. Please fill in contact number and address on the back of the card .
3. Entries close Friday 10<sup>th</sup> February 2006; late entries will not be accepted.
4. Entries must be accompanied with the entry fee of \$9.00 per event.
5. Cheques/money orders to be made payable to Bayside Swimming Club Inc.  
Forward entries to: The Last Blast, Bayside Swimming Club, PO Box 410, Mentone 3194.
6. All events to be swum as time trials, heats seeded slowest to fastest.  
Please note entries are limited to 6 heats for 50m, 4 heats for 100m, 3 heats for 200m for both men's and women's events.(state qualifying entry times apply for all events).
7. The Club reserves the right to cancel or alter events.
8. We will apply for this meet to be approved as an "official qualifying meet".
9. Pool entry fee will not apply for parents and friends.





**DANDENONG RANGES & DISTRICT ASSOCIATION INC.  
46<sup>th</sup> ANNUAL DISTRICT CHAMPIONSHIP CARNIVAL**

**SUNDAY 5<sup>th</sup> MARCH 2006  
MONASH AQUATIC AND RECREATION CENTRE  
626 Waverley Rd, Glen Waverley (Melway 71 A4)  
WARM UP 7.30am, EVENTS START 8.30am**

F	M	AGE	EVENT	F	M	AGE	EVENT
1	2	OPEN	200M FREESTYLE	43	44	OPEN	200M I.M. – DAVID COOK TROPHY
3	4	9/10	50M BUTTERFLY	45	46	9/10	50M BREASTSTROKE
5	6	8/U	50M BUTTERFLY	47	48	8/U	50M BREASTSTROKE
7	8	8/W	50M BUTTERFLY	49	50	8/W	50M BACKSTROKE
9	10	OPEN	50M BUTTERFLY	51	52	OPEN	50M BACKSTROKE
11	12	17/O	100M FREESTYLE	53	54	17/O	100M BREASTSTROKE
13	14	15/16	100M BACKSTROKE	55	56	15/16	100M BUTTERFLY
15	16	13/14	100M BREASTSTROKE	57	58	13/14	100M FREESTYLE
17	18	11/12	100M BUTTERFLY	59	60	11/12	100M BREASTSTROKE
19	20	9/10	50M BACKSTROKE	61	62	9/10	50M FREESTYLE
21	22	8/U	50M BACKSTROKE	63	64	8/U	50M FREESTYLE
23	24	8/W	50M FREESTYLE	65	66	8/W	50M BREASTSTROKE
25	26	OPEN	50M FREESTYLE	67	68	OPEN	50M BREASTSTROKE
27	28	17/O	100M BACKSTROKE	69	70	17/O	100M BUTTERFLY
29	30	15/16	100M BREASTSTROKE	71	72	15/16	100M FREESTYLE
31	32	13/14	100M BUTTERFLY	73	74	13/14	100M BACKSTROKE
33	34	11/12	100M BACKSTROKE	75	76	11/12	100M FREESTYLE
	35	10/U	4X50M MIXED FREE RELAY	77	78	15/O	4X50M MEDLEY RELAY
37	38	15/O	4X50M FREESTYLE RELAY	79	80	14/U	4X50M FREESTYLE RELAY
39	40	14/U	4X50M MEDLEY RELAY	81	82	12/U	4X50M MEDLEY RELAY
41	42	12/U	4X50M FREESTYLE RELAY				<b>FRIENDSHIP RELAY TROPHIES</b>
				83	84	OPEN	4 X 100M FREESTYLE RELAY

**CONDITIONS OF ENTRY:**

1. Conducted under rules of ASI and Swimming Victoria Inc.
2. All events will be swum as timed finals. Starting will be 'over the top'
3. Pool depths: shallow end: 1.0 metres; deep end: 1.9 metres. Pool length is 50 metres. Pool phone no: 9561 2111
4. Age as at 5<sup>th</sup> March 2006
5. Entries on SV green entry cards.
6. Event entry fee: \$5.00 per individual event; \$10 per relay. Cheques/money orders to be payable to DRD&A
7. Entries to be sent to Heather O'Connor, Unit 1, 5 Amber Grove, Mt. Waverley, 3149; ph: 0419 390 704
8. Entries close Monday 20<sup>th</sup> February 2006. **NO LATE ENTRIES WILL BE ACCEPTED.**
9. To qualify to compete in District Championships a swimmer must have competed in three District meets in the current season. Swimmers who have not qualified may swim, but are ineligible to receive medals in individual events
10. Clubs may enter more than one relay team.
11. Medals will be awarded to first, second and third place getters in both 'A' & 'B' grades where the District Competition Committee feels appropriate.
12. **Swimmers who enter no time are not eligible for either 'A' or 'B' grade medals.**
13. An 'A' grade medal in an Open 50m event will not qualify a swimmer for a place on the District Trip.
14. Relay swimmers will start in the water at the shallow end.
15. There will be a 30 minute lunch break after Event 42; meet to finish by 4.00pm

*BYO chair; a specific seating area will be allocated to each Club  
Outdoor Pool heated to 27 degrees*

# 2005/2006 NSC Club Championships

Saturday 11<sup>th</sup> March, 2006

Pool - Tintern Girls Grammar School, Cnr Loma & Morinda Streets, East Ringwood

- Closing Date:** Monday 20<sup>th</sup> February, 2006 at 5:00pm
- Entries to:** The Meet Director c/- Nunawading Swimming Club Inc., Fraser Place, Forest Hill, 3131  
or lodged at the club office.  
No phone or late entries will be accepted  
Entries on Swimming Victoria Green Cards Only ( Please complete the back of the cards as well )
- Entry Fees:** \$2.00 per event
- Age as at:** 11<sup>th</sup> March 2006 (Swimmers may swim in their OWN AGE GROUP and OPEN EVENTS)
- Rules:** Australian Swimming Inc. rules. This is a 'One Start Meet'. Starting 'Over the Top'
- Qualifying Times:** There are NO qualifying times. All swimmers should enter times for each event (even if they ask their coach to time them for younger swimmers)
- Conditions of Entry:** Current Nunawading Swimming Club Inc Members only (No visitors entries will be accepted).
- Start Times:** The Meet starts at 12.45p.m. (Warm-up 12.00 noon)
- Awards:** Medals will be presented to 1st, 2nd, 3rd placing's in each age group.
- Pool Admission Fees:** Free
- Programs:** \$ 3.00
- Points Scoring:** 9, 7, 6, 5, 4, 3, 2, and 1.  
These Club Champion points will be awarded for each age group, male and female.

# Nunawading Swimming Club Inc. Club Championships - 2005/2006

Saturday 11<sup>th</sup> March

Warm-Up 12:00 Noon & Start 12:45pm

MEN	EVENT	WOM EN
1	Open 200M Breaststroke	2
3	8 Yrs & Under 50M Freestyle	4
5	9/10 Yrs 50M Freestyle	6
7	11/12 Yrs 100M Freestyle	8
9	Open 100M Freestyle	10
11	13/14 Yrs 100M Breaststroke	12
13	15/16 Yrs 200M Individual Medley	14
15	10Yrs & Under 100M Freestyle	16
17	Open 400M Freestyle	18
19	13/14 Yrs 100M Backstroke	20
21	15/16 Yrs 100M Butterfly	22
23	Open 100M Backstroke	24
25	8 Yrs & Under 50M Breaststroke	26
27	9/10 Yrs 50M Butterfly	28
29	11/12 Yrs 200M Individual Medley	30
31	Open 100M Butterfly	32
33	13/14 Yrs 100M Butterfly	34
35	15/16 Yrs 100M Backstroke	36
37	Open 200M Individual Medley	38
39	8 Yrs & Under 25M Butterfly	40

41	9/10 Yrs 50M Backstroke	42
43	Open 100M Breaststroke	44
45	11/12 Yrs 100M Butterfly	46
47	Open 50M Freestyle	48
49	15/16 Yrs 100M Freestyle	50
51	13/14 Yrs 100M Freestyle	52
53	Open 200M Butterfly	54
55	8 Yrs & Under 50M Backstroke	56
57	9/10 Yrs 50M Breaststroke	58
59	11/12 Yrs 100M Backstroke	60
61	Open 200M Backstroke	62
63	15/16 Yrs 100M Breaststroke	64
65	13/14 Yrs 200M Individual Medley	66
67	Open 400M Individual Medley	68
69	11/12 Yrs 100M Breaststroke	70
71	10Yrs & Under 100M Individual Medley	72
73	Open 200M Freestyle	74
75	12Yrs & Under 400M Freestyle	75