



## NUNA PB CHALLENGE - HOW IT WORKS

The Nuna PB Challenge competition is an opportunity for swimmers of any standard to take part and race against others in the Club.

There are 3 PB Challenges each term and the three swimmers in each age group with the greatest number of points, male and female, will be awarded Gold, Silver & Bronze following the third meet.

These medals are awarded to the swimmers who over the 3 week period consistently better their 'Personal Best' times, rather than to the first three place getters.

Points are awarded as set out below and aggregated over the 3 meets for each individual swimmer.

### **Points are allocated on the following basis:**

2 pts for first swim in an event

2 pts if time swum is slower than PB

3 pts if time swum equals PB or up to 1 second faster

5 pts if time swum betters PB by 1.00 second or more

1 pt if you swim an event but are unfortunately disqualified

**Age Groups:** Male and Female 8/U, 9, 10, 11/12, 13/OVER

**Events:** Each PB challenge consists of three 50m events swum on a rotating basis and a choice swim over 100m on Friday night meets and over 100, 200 or 400m on Sunday morning meets. Swimmers new to the PB Challenge can swim 25m where the distance nominated is 50m.

**Entry Procedures:** All PB Challenges are available to be entered online prior to the date of the competition. Entry details are available at

[www.nunawadingswimmingclub.com/competition/eventscalendar.htm](http://www.nunawadingswimmingclub.com/competition/eventscalendar.htm)

Swimmers must be current club members to enter online. Any PB Challenge participants not current club members can still register and pay on the day

**Meet clashes:** Where a Nuna PB challenge clashes with another competition, the alternate competition may take the place of the PB challenge on that date at the clubs discretion. In this instance, swimmers who compete in the designated competition will claim PB challenge points for the events listed on the PB challenge flier.

Any meets that will take the place of a scheduled PB challenge will be advertised in advance on the PB Challenge term flier and the Nunawading website.

**David Cook Trophies:** At the completion of the season the David Cook trophies are awarded to the top male and female point scorers from the Nuna PB challenge series at Nunawading Swimming Clubs annual presentation evening.

To determine the trophy recipients, points for all swims attained at PB challenges and designated substitute events over the season will be added together for each swimmer who competed in the series. The swimming season runs from 1 May each year, concluding at the end of school term 1. Swimmers must be club members to be eligible to win these trophies

