

## 2011/2012 CHRISTMAS HOLIDAYS SQUAD TIMETABLE

	<b>National Open</b>	<b>National Age</b>	<b>State Youth</b>	<b>State Age</b>	<b>State Junior</b>	<b>Junior</b>		
	<i>Time</i>	<i>Time</i>	<i>Time</i>	<i>Time</i>	<i>Time</i>	<i>Time</i>		
<b>Monday, 19 December 2011</b>	5:00-7:00am Nuna 3:00-5:00pm Doncaster	<b>2012 VICTORIAN AGE CHAMPIONSHIPS</b>				No Training 6:00-7:30pm Nuna	<b>Monday, 19 December 2011</b>	
<b>Tuesday, 20 December 2011</b>	5:00 -7:00am Nuna 7:00am Gym/Box 4:00-6:00pm PA					5:30-7:00am Syndal 5:00-6:00pm Dryland 6:00-7:30pm Nuna	<b>Tuesday, 20 December 2011</b>	
<b>Wednesday, 21 December 2011</b>	No Training 4:00-6:00pm PA					No Training 6:00-7:30pm Nuna	<b>Wednesday, 21 December 2011</b>	
<b>Thursday, 22 December 2011</b>	5:00-7:00am Nuna 7:00am Gym/Box 4:00-6:00pm PA					No Training 6:00-7:30pm Nuna	<b>Thursday, 22 December 2011</b>	
<b>Friday, 23 December 2011</b>	5:00-7:00am Nuna No Training					<b>TRAINING BREAK</b>		
<b>Saturday, 24 December 2011</b>	6:00-8:00am Nuna 8:00am Gym	<b>Saturday, 24 December 2011</b>						
<b>Sunday, 25 December 2011</b>		<b>Sunday, 25 December 2011</b>						
<b>Monday, 26 December 2011</b>		<b>Monday, 26 December 2011</b>						
<b>Tuesday, 27 December 2011</b>		<b>Tuesday, 27 December 2011</b>						
<b>Wednesday, 28 December 2011</b>	4:00-6:00pm Nuna	<b>Wednesday, 28 December 2011</b>						
<b>Thursday, 29 December 2011</b>	5:00-7:00am Nuna 7:00am Gym/Box 4:00-6:00pm PA	<b>Thursday, 29 December 2011</b>						
<b>Friday, 30 December 2011</b>	5:00-7:00am Nuna 7:00-8:00am Gym No Training	<b>Friday, 30 December 2011</b>						
<b>Saturday, 31 December 2011</b>	6:00-8:00am Nuna 8:00am Gym/Box	TRAINING BREAK	TRAINING BREAK	<b>Saturday, 31 December 2011</b>				

MERRY CHRISTMAS AND HAPPY NEW YEAR TO ALL MEMBERS AND YOUR FAMILIES

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<i>Sunday, 1 January 2012</i>	<b>TRAINING BREAK</b>						<i>Sunday, 1 January 2012</i>
<i>Monday, 2 January 2012</i>	6:00-8:00am Nuna	No Training	No Training				<i>Monday, 2 January 2012</i>
	3:00-5:00pm Doncaster	3-4pm Girls dryland 6:00pm Nuna	4:00-6:00pm Gym 6:00-7:30pm Nuna				
<i>Tuesday, 3 January 2012</i>	6:00-8:00am PA 8:00am Gym/Box	5:00-7:00am Nuna+Gym	No Training				<i>Tuesday, 3 January 2012</i>
	4:00-5:45pm PA	5:45-7:30pm PA	4:00-6:00pm Nuna				
<i>Wednesday, 4 January 2012</i>	No Training	No Training	No Training				<i>Wednesday, 4 January 2012</i>
	4:00-6:00pm PA	3-4pm Boys dryland 4:00-6:00pm Nuna	6:00-7:30pm Nuna				
<i>Thursday, 5 January 2012</i>	6:00-8:00am PA 8:00am Gym/Box	5:00-7:00am Nuna+Gym	No Training				<i>Thursday, 5 January 2012</i>
	4:00-5:45pm PA	5:45-7:30pm PA	5:00-6:00pm Gym 6:00-7:30pm Nuna				
<i>Friday, 6 January 2012</i>	5:00-7:00am Nuna	No Training	No Training				<i>Friday, 6 January 2012</i>
	No Training	3-4pm Girls dryland 6:00pm Nuna	4:00-6:00pm Gym 6:00-7:30pm Nuna				
<i>Saturday, 7 January 2012</i>	6:00-8:00am Nuna 8:00am Gym	5:00-7:00am Nuna 7:00-8:00am Gym	No Training				<i>Saturday, 7 January 2012</i>
	No Training	No Training					
<i>Sunday, 8 January 2012</i>	No Training	No Training	No Training				<i>Sunday, 8 January 2012</i>
<i>Monday, 9 January 2012</i>	5:00-7:00am Nuna	5:00-7:00am PA 7-8am Girls Dryland	No Training	No Training	No Training		<i>Monday, 9 January 2012</i>
	4:00-6:00pm PA	No Training	5:00-6:00pm Gym 6:00-7:30pm Nuna	6:00-7:30pm Syndal	4:00-6:00pm Nuna		
<i>Tuesday, 10 January 2012</i>	6:00-8:00am PA 8:00am Gym	5:00-7:00am Nuna+Gym	No Training	No Training	5:30-7:00am Syndal		<i>Tuesday, 10 January 2012</i>
	4:00-5:45pm PA	5:45-7:30pm PA	4:00-6:00pm Nuna	6:00-7:30pm Nuna	No Training		
<i>Wednesday, 11 January 2012</i>	No Training	No Training	5:00-7:00am Nuna	5:00-7:00am Nuna	No Training		<i>Wednesday, 11 January 2012</i>
	4:00-6:00pm PA	3-4pm Boys dryland 4:00-6:00pm Nuna	No Training	No Training	6:00-7:30pm Nuna		
<i>Thursday, 12 January 2012</i>	6:00-8:00am PA 8:00am Gym	5:00-7:00am Nuna+Gym	No Training	No Training	5:30-7:00am Syndal		<i>Thursday, 12 January 2012</i>
	4:00-5:45pm PA	5:45-7:30pm PA	6:00-7:30pm Nuna	4:00-6:00pm Nuna 6:00-7:00pm Gym	No Training		
<i>Friday, 13 January 2012</i>	<b>2012 VICTORIAN OPEN CHAMPIONSHIPS</b>			No Training	No Training		<i>Friday, 13 January 2012</i>
				6:00-7:30pm Nuna	4:00-6:00pm Nuna 6:00-7:00pm Dryland		
<i>Saturday, 14 January 2012</i>	<b>2012 VICTORIAN OPEN CHAMPIONSHIPS</b>			No Training	No Training		<i>Saturday, 14 January 2012</i>

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<b>Sunday, 15 January 2012</b>				No Training	No Training		<b>Sunday, 15 January 2012</b>
<b>Monday, 16 January 2012</b>	No Training	No Training	No Training	No Training	5:30-7:00am Nuna		<b>Monday, 16 January 2012</b>
	4:00-6:00pm PA	3:45- 5pm Girls Dryland Nuna	5:00-6:00pm Gym 6:00-7:30pm Nuna	4:00-6:00pm Nuna	No Training		
<b>Tuesday, 17 January 2012</b>	6:00-8:00am PA 8:00am Gym	5:00-7:00am Nuna Swim/Gym	No Training	No Training	No Training		<b>Tuesday, 17 January 2012</b>
	4:00-5:45pm PA	5:45-7:30pm PA	4:00-6:00pm Nuna	4:00-6:00pm Syndal	6:00-7:30pm Nuna		
<b>Wednesday, 18 January 2012</b>	No Training	No Training	5:00-7:00am Nuna	5:00-7:00am Nuna	No Training		<b>Wednesday, 18 January 2012</b>
	4:00-5:45pm PA	4:45-5:45pm Boys Dryland 5:45-7:30pm PA	6:00-7:30pm Nuna	No Training	4:00-6:00pm Nuna		
<b>Thursday, 19 January 2012</b>	6:00-8:00am PA 8:00am Gym	5:00-7:00am Nuna Swim/Gym	No Training	No Training	No Training		<b>Thursday, 19 January 2012</b>
	4:00-5:45pm PA	5:45-7:30pm PA	6:00-7:30pm Nuna	4:00-6:00pm Nuna 6:00-7:00pm Gym	4:00-6:00pm Syndal		
<b>Friday, 20 January 2012</b>	5:00-7:00am Nuna	No Training	No Training	No Training	No Training	<b>Friday, 20 January 2012</b>	
	No Training	4:00-6:00pm PA	4:00-6:00pm Nuna	6:00-7:30pm PA	5:00-6:00pm Dryland 6:00-7:30pm Nuna		
<b>Saturday, 21 January 2012</b>	6:00-8:00am Nuna 8:00am Gym	5:00-7:00am Nuna 7:00-8:00am Gym	5:00-6:30am Nuna 6:30-7:30 Gym	No Training	No Training	<b>Saturday, 21 January 2012</b>	
	No Training	No Training	No Training	No Training	No Training		
<b>Sunday, 22 January 2012</b>	No Training	No Training	No Training	No Training	No Training	<b>Sunday, 22 January 2012</b>	

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